



Research Article:

## Ameliorative Effect of Ezetimibe on Inflammatory and Apoptotic Biomarkers in Methotrexate-Induced Salivary Gland Injury

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### Abstract

**Background:** Methotrexate (MTX) is a chemotherapeutic agent used to treat various malignancies and autoinflammatory conditions. MTX have an adverse effect on oral tissues, particularly by compromising salivary gland (SG) function. Ezetimibe is a lipid-lowering medication that has more potent anti-inflammatory, and anti-apoptotic effects. **Aims:** This research aimed to assess the protective effects of ezetimibe on SG in rats subjected to MTX - induced alterations. **Methods:** A total of 18 male albino rats were haphazardly assigned into 3 groups. Group I (vehicle control) received normal saline solution for 10 days, while the group II was induced by MTX injection (20 mg/kg, single intraperitoneal (i.p.)) on the sixth day of the experiment. Group III (Ezetimibe+ MTX) received oral Ezetimibe 10 mg/kg once daily for 10 days. SG tissues from rats were collected on day 11 and euthanized for biochemical and immunohistochemical (IHC) testing. **Results:** Ezetimibe significantly ameliorated the biochemical and IHC dysregulation caused by MTX, as evidenced by reduced levels of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-1 $\beta$  (IL-1 $\beta$ ) and an elevation in B-cell lymphoma 2 (Bcl-2) level. **Conclusions:** Ezetimibe is an anti-inflammatory and antiapoptotic agent that may be a promising approach to reducing MTX toxicity in submandibular glandular tissue.

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## 1. Introduction

Saliva has a vital role in maintaining homeostasis of the mouth cavity (1). The second-largest salivary gland (SG) is the submandibular gland, which produces an average of 65% of saliva. Glandular hypofunction may manifest in patients receiving chemotherapy and radiotherapy, resulting in a high degree of dental caries, mucositis, gingivitis, pharyngeal infections, speech problems, swallowing problems, and gustatory difficulties (2).

Methotrexate (MTX) can cause adverse effects on certain tissues despite its known antitumor, anti-inflammatory, and immunosuppressive effects (3). Animal models have shown that experimental procedures have adverse effects on secretory glands, especially the parotid and submandibular glands (4-7). Notwithstanding its clinical

usefulness, considerable evidence indicates that MTX elicits cytotoxic consequences, encompassing oxidative stress, cellular apoptosis, and damage to several organs, particularly the salivary glands (8). Research conducted by (9) indicates that the detrimental effects of MTX arise from its capacity to generate free radicals, impair mitochondrial function, and activate pathways that induce apoptosis by elevating the expression of the caspase-3 gene while decreasing Bcl-2 levels. The combined effect of MTX with substances exhibiting anti-inflammatory and anti-apoptotic characteristics may mitigate its harmful effects (10, 11). Statins, in addition to their primary function of inhibiting cholesterol biosynthesis and reducing lipid levels, may potentially warrant supplementary indications, including the treatment of conditions such as inflammation and cancer (12). Ezetimibe is a cholesterol absorption inhibitor in the intestine (13). It has multiple pharmacological effects, including antioxidant, anti-inflammation, and anti-apoptosis. Additionally, ezetimibe can manage a range of inflammatory conditions, including dyslipidemia and related atherosclerotic complications (14, 15), rheumatoid arthritis (16), cancer, and ulcerative colitis (17). Moreover, Furthermore, specific articles have highlighted the benefits of employing this medicine to maintain SG function.

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Previous research has demonstrated that ezetimibe can effectively mitigate parotid gland damage in male rats with Experimental Adjuvant Arthritis (18). This study investigated the protective effects of ezetimibe on inflammatory and antiapoptotic variables in the submandibular SG of rats received 20 mg/kg of MTX.

## 2. Materials and Methods

### 2.1. Drugs and chemicals

The methotrexate was provided by Ebewe (Austria). Ezetimibe was acquired from pharma Compass of Germany. An immunohistochemical kit was provided by Abcam (UK).

### 2.2. Preparation of animals

Six rats were housed in individual polypropylene cages devoid of pollutants. The cages featured a substantial wire-mesh bottom that was kept hygienic to prevent the rats from licking or contacting one another. Rats were maintained in uniform and suitable environments with a temperature range of 22 to 25 °C and a 12-hour light/dark cycle. The facility was equipped with a ventilation system that perpetually circulated the air, and it provided access to fresh water and normal ad libitum sustenance. All rats exhibited adaptation to their environment after exposure to passive preliminaries.

### 2.3. Experimental design

The experiment was done from May 2025 to December 2025 under document number UoM. The research proposal received approval from the Institute Animal Ethical Committee (IAEC) of the College of Dentistry, in compliance with UoM.Dent.25/1049. The study comprised 18 male albino rats, weighing 190-210 grams. These rats were randomly divided into three groups, each including six rats. Group I (vehicle control) received normal saline solution for 10 days, while the other groups, (induction, group II) was induced by MTX injection (20 mg/kg, single intraperitoneal (i.p.) on the sixth day of the experiment to induce SG damage and received oral normal saline. Group III (Ezetimibe+ MTX) received oral Ezetimibe 10 mg/kg once daily for 10 days, 5 days before induction and 5 days after induction. Before administration, the Ezetimibe was freshly prepared into suspensions in distilled water.

### 2.4. Preparation and sampling of animals

On day 11, rats were euthanized with a combination of ketamine and xylazine (80 mg/kg and 10 mg/kg, respectively). Subsequently, the submandibular SG tissue was dissected. Tissue biopsies were obtained and processed to create a tissue homogenate for bio-indicator analysis and immunohistochemistry.

### 2.5. Preparation of Tissue Homogenate

To prepare SG tissue homogenate, the excised SG tissue from several rat groups preserved it at -80 °C. The subsequent stage was homogenizing the acquired SG samples using tissue protein lysate buffer. Tissues were weighed and rinsed thoroughly in phosphate-buffered

saline (PBS) (pH 7.0-7.4) at 4 °C before homogenization to remove any remaining blood. The tissues were minced and positioned on filter paper to collect the residual fluid. The tissue components were subsequently homogenized in 6-10 mL of PBS utilizing a cylindrical glass homogenizer maintained on ice. One gram of SG tissue has been maintained in a 9-milliliter phosphate-saturated buffer at pH 7.2. To homogenize the tissues, they were first mashed with a pestle and mortar before being centrifuged at 5,000 rpm on a cold setting for 15 minutes. Supernatants were transferred to an Eppendorf tube and frozen at temperatures between -80 and -20 °C.

### 2.6. Determination of Inflammatory biomarkers

Following vendor guidelines, TNF- $\alpha$  and IL-1 $\beta$  were measured in rat SG tissue homogenates using an enzyme-linked immunosorbent assay (MyBioSource, USA) (Cloud-Clone Corp). A 96-well plate is used to place biomarker antibodies at the start of the test. The wells are connected to specimens for extraction and baseline TNF- $\alpha$  or IL-1 $\beta$  standards via encapsulating antibodies. After rinsing with the wash buffer, the biotin antibody was applied to the pores. After removing the detached biotinylated antibody, streptavidin and horseradish peroxidase were cautiously added to the plate. By comparing optical density with standard curves, bioindicators in each sample were quantified. Spectrophotometry showed a link between optical density and bioindicators. After another wash, TMB-substrate combinations were applied to the plates, and the color indicated the marker level. The stop agent's reaction from bluish to yellow is measured at 450 nm for color severity.

### 2.7. Determination of Anti-apoptotic biomarker

In this study, immunohistochemistry was used to determine the presence of gene products in cells isolated in three experimental groups, namely, the control, MTX and ezetimibe+MTX treated animals. The rabbit monoclonal antibodies used for immunohistochemical staining were diluted 1:100 and were specific for Bcl-2 to be applied on paraffin-embedded gland tissue sections. Tissue slices were incubated with primary antibodies for 1 hour. They were followed by treatment with a streptavidin-biotin conjugate and DAB chromogen for visibility. Tissue slices from all animals in each group were collected for a blinded evaluation. The intensity of the immunohistochemical staining was quantified by means of "a semi-quantitative scoring system: 0 (not stained), 1 (0-25%, weakly stained), 2 (26-50%, moderate), 3 (51-75%, intense), and 4 (76-100%, very intense).

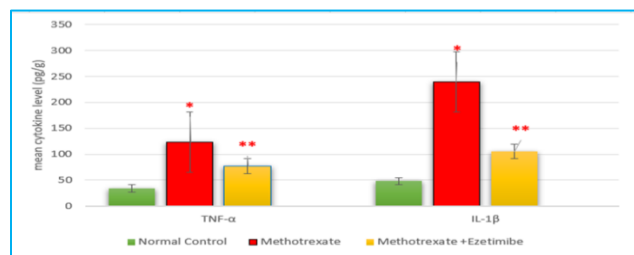
### 2.8. Statistical analysis

Data entry was conducted using SPSS 24, the latest version of the statistical software. One-way ANOVA, followed by Tukey's post hoc test, was used to compare mean values across groups. For non-parametric data, the Kruskal-Wallis test, followed by Mann-Whitney U tests for pairwise comparisons. Results are expressed as mean  $\pm$  standard deviation (SD) for parametric data (normally distributed variables with homogeneous variances) and median for non-parametric data. The significance threshold was set at  $p < 0.05$  for all statistical analyses.

### 3. Results

#### 3.1. Impacts of ezetimibe and MTX on proinflammatory related-markers

Compared with the vehicle control group, the MTX group exhibited markedly elevated mean levels of inflammatory markers, such as TNF- $\alpha$  and IL-1 $\beta$  ( $p = 0.000$ ). The MTX + ezetimibe cohort exhibited a statistically significant decrease in TNF- $\alpha$  and IL-1 $\beta$  levels relative to the MTX group ( $p = 0.000$ ), as seen in **Figure 1**.

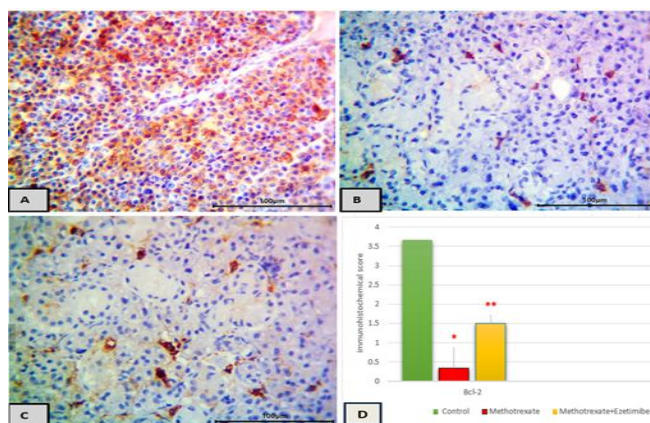


**Figure 1.** Depicts the impact of the Ezetimibe and MTX on pro-inflammatory markers (IL-1 $\beta$  and TNF- $\alpha$ ).

The data is shown as mean  $\pm$  standard deviation. \*: Indicates significant differences ( $p = 0.000$ ) in comparison with the control group; \*\* denotes substantial variances ( $p = 0.000$ ) related to the MTX group. Levels of TNF- $\alpha$  and IL-1 $\beta$  are measured in (pg/g).

#### 3.2. Impacts of Ezetimibe and MTX on anti-apoptotic -related marker

The group that received MTX showed negative to weak positive immunohistochemistry for Bcl-2, with a median of 0 (0–1), compared to the vehicle control group which showed intense to very intense positive expression with a median of 3 (3–4) ( $p = 0.006$ , figure 1). on the other hand, the group that received MTX in combination with ezetimibe showed weak to moderate positive expression of immunohistochemistry for Bcl-2 with a median of 1 (1–2), ( $p = 0.006$ , **Figure 2**)



**Figure 2.** Effects of Ezetimibe and MTX on immunohistochemical scores of Bcl-2 among study groups. A. Rats Immunohistochemical salivary tissue specimen of control group (H, 400X). B. Immunohistochemical salivary tissue specimen of induction (H, 400X). C. Immunohistochemistry salivary specimen of Ezetimibe+MTX group (H, 400X). D. Immunohistochemical scores of Bcl-2 among study groups.

### 4. Discussion

The present study revealed that MTX therapy significantly elevated the TNF- $\alpha$ , and IL-1 $\beta$ , relative to the control group. The results of this study align with other studies that found that MTX -induced tissue degradation is associated with increased expressions of inflammatory markers including TNF- $\alpha$ , and IL-1 $\beta$  (19-21). The results align with those of other studies who found that MTX-induced SG tissue degradation is associated with elevated expressions of IL-1 $\beta$ , and TNF $\alpha$  (4, 6). The impairment of the SG, subsequent to methotrexate administration, may also be associated with the deleterious effects of free radicals (22-24). The free radicals released from the metabolism of MTX interact with the structure of cell membrane, resulting in membrane rupture and the escape of significant antioxidant enzymes in the serum. This influences the normal concentration of this scavenger enzyme in blood and indicates a detrimental impact of MTX on the integrity of cells (23). Ezetimibe treatment significantly reduced IL-1 $\beta$ , and TNF $\alpha$ , highlighting its anti-inflammatory effects. This result aligns with previous studies indicating that Ezetimibe markedly diminished levels of proinflammatory biomarkers (25-27).

The complex mechanism underlying Ezetimibe's anti-inflammatory activity is activated by stimulating the AMPK/Nrf2 (NF-E2-related factor 2) pathway, which in animal studies decreases oxidative stress (28). To regulate the consequences of oxidant exposure, Nrf2 regulates the expression of antioxidant response genes under both stress and basal condition (29). In addition, Ezetimibe lowers blood cholesterol via inhibiting the cholesterol transporter in the small intestine, which is a different mechanism by which it works. An elevated blood oxidized low-density lipoprotein level is inversely associated with Treg cells and directly associated with Th17 cells. Thus, Ezetimibe's reduction in blood lipids should reduce Th17 cells and inflammation (25). Recent research by Weng and colleagues investigated whether Ezetimibe could improve symptoms of ankylosing spondylitis in a mouse model by acting as an anti-inflammatory agent. Ezetimibe inhibited the production of MMP3, MMP13, and ADAMTS5 induced by IL-1. Additionally, Ezetimibe regulates T-cell proliferation and the synthesis of proinflammatory cytokines by immune cells (30). Subsequent researches showed that Ezetimibe effectively controlled the rat model of ulcerative colitis by reducing inflammatory markers, such as TNF- $\alpha$ , IL-1 $\beta$ , and NF- $\kappa$ B (31-33).

The present study revealed that MTX therapy significantly decreased the anti-apoptotic marker (Bcl2) relative to the control group. MTX was recognized as inducing organ damage by facilitating the expression of pro-apoptotic factors and inhibiting the synthesis of anti-apoptotic factors (Bcl2) (21, 34-39). One possible explanation for this phenomenon is that the elimination of folate cofactors led to a reduction in the rate of protein synthesis, which may have induced the development of cellular lysosomes and provided distinctive indications of apoptosis. The amount of apoptotic bodies is significantly elevated in tissues treated with chemotherapeutic drug (40-42). Our results align with substantial literature demonstrating that MTX diminishes the production of anti-apoptotic bioindicators, notably Bcl2 (42-47). Several findings indicating the apoptotic and detrimental outcomes of MTX may be elucidated by adverse interactions with anti-apoptotic molecules. Notably, ezetimibe treatment significantly increased Bcl2 level, suggesting anti-apoptotic effect.

The findings indicated that ezetimibe therapy protects endothelial cells of human umbilical vein via enhanced the production of anti-apoptotic molecule, Bcl2 in vitro (48). Ezetimibe may mitigate oxidative stress and inflammation provoked via caspase-1 and IL-1 $\beta$  by the AMP-activated protein kinase/ Nrf2 /thioredoxin interacting protein pathway (49,50). These findings support the hypothesis that Ezetimibe may significantly mitigate MTX-induced SG changes

## 5. Conclusion

The current study determined that Ezetimibe provides significant protection against the detrimental effects of methotrexate on salivary gland due to its enhanced anti-inflammatory, and anti-apoptotic properties.

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## التأثير المحسّن للإيزيتيميب على المؤشرات الحيوية الالتهابية والاستماتية في إصابة الغدد اللعابية المُستحثة تجريبياً

### الخلاصة

**الخلفية والاهداف:** الميثوتريكسيت هو دواء يُوصف لعلاج العديد من الأورام الخبيثة وحالات الالتهاب الذاتي. قد يؤثر الميثوتريكسيت سلبيًا على أنسجة الفم، وخاصةً من خلال التأثير على وظيفة الغدد اللعابية. الإيزيتيميب هو دواء خافض للدهون يتميز بتأثيرات مضادة للالتهاب ومضادة للاستماتة أقوى ولقد هدفت هذه الدراسة إلى تقييم التأثيرات الوقائية للإيزيتيميب على الغدد اللعابية في الفئران التي خضعت لتغيرات في الغدد اللعابية ناتجة عن الميثوتريكسيت. **الطرق:** استخدمت هذه الدراسة ثمانية عشر جرذاً بوزن 190-210 جرام. تم تصنيف الحيوانات إلى ثلاث مجموعات: الميثوتريكسيت (20 ملغم / كغم)، الميثوتريكسات بالإضافة إلى اللايزيتيميب (10 ملغم / كغم)، والضابطة (الماء المقطر). تم إجراء كل من التحليلات البيوكيميائية والكيميائية المناعية على الغدد اللعابية. تم تشريح الغدد اللعابية للحيوانات مباشرة بعد أن تم التضحية بها في اليوم الحادي عشر. **النتائج:** على النقيض من المجموعة الضابطة، كان لدى مجموعة الميثوتريكسات مستويات أعلى بكثير من عامل نخر الورم الفا، انترلوكين-1 بيتا ( $p = 0.000$ ) ولكن مستويات أقل من بروتين لمفوما الخلايا البائية. ومع ذلك، أظهرت مجموعة الميثوتريكسات + ايزيتيميب مستويات أقل بكثير من عامل نخر الورم الفا، و انترلوكين-1 بيتا ومستويات أكثر من بروتين لمفوما الخلايا البائية على النقيض من مجموعة الميثوتريكسيت،. **الاستنتاج:** تثبت هذه النتائج أن الإيزيتيميب يتمتع بحماية كبيرة ضد سمية الغدد اللعابية الناجمة عن الميثوتريكسيت في الجرذان. ( $p = 0.006$ )

**الكلمات المفتاحية:** ايزيتيميب، الميثوتريكسيت، الكيمياء المناعية والنسجية و الغدد اللعابية